



Mid-South Region Spring ROTC Retreat “Spiritual Fitness – Designing your Workout”

- What:** Valor-OCF Mid-South ROTC Retreat
- Who:** Mid-South Cadets/Midshipman
- When:** Fri-Sun, 2-4 March 2012
- Where:** Fort Fisher Air Force Rec Area, Kure Beach, NC
(near Wilmington)
- Why:** Have Fun, Meet Other Cadets Interested in Their Faith, and Hear Some Great Speakers
- Cost:** \$65 per cadet includes lodging for two nights and meals on Friday night, Saturday, and Sunday morning (T-Shirt and Ticket to NC Aquarium Optional – Extra Charge)
- Contact:** Colonel (Ret.) Tim Wiseman by email at wwise34527@aol.com or by phone/text to 252.702.0046 for registration information.

Sponsored by Officers Christian Fellowship and
Cru's Valor Cadet Ministries,
www.ocfusa.org and <http://valormovement.com/>